

# NATURE'S SOLUTIONS KIT



## Peppermint

Buoys the heart. Provides clarity & focus. Great for digestion. Add with wild orange (and frankincense) for an energy hit. Uplifting & energising. Use a drop of Peppermint with Lemon in water for a refreshing mouth rinse. Take one to two drops in a Veggie Capsule to alleviate occasional stomach upset. Put in lip gloss to plump up lips. Place one drop in palm of hand with one drop Wild Orange and one drop Frankincense and inhale for a mid-day pick-me-up.

Retail: \$35 Wholesale: \$26.50



## Lavender

Calms the mind. Promotes sleep. Relaxing. High in Linalool which reduces sad, anxious feelings. Aids communication. Good for skin irritations, mozzie bites & burns and as a natural anti-histamine. Freshen your linen, car, or the air by combining Lavender with water in a spray bottle. Take internally to reduce anxious feelings. Use in cooking to soften citrus flavours and add a flavourful twist to marinades, baked goods, and desserts. Add to Epsom salts for a relaxing bath. Apply to heart centre and thymus. Add to moisturizers.

Retail: \$37.33 Wholesale: \$28



## Lemon

The oil of focus. Promotes a positive mood. Cleanses the body and aids digestion. Good to get rid of stains + sticky spots. Supports healthy respiratory function

Retail: \$18 Wholesale: \$13.50



## Frankincense

Promotes cellular regeneration. Supports overall wellness. Calms the nervous system. Balances the mood. Promotes peaceful, relaxing feelings. Frank + coconut oil for chapped lips Apply topically to help reduce the appearance of skin imperfections. Around eye wrinkles.

Retail: \$120  
Wholesale: \$90



## Oregano

Is like nature's antibiotic. Supports a healthy immune system, healthy digestion, and respiratory function when used internally. Offers powerful antioxidants when ingested. Use on skin tags, warts & haemorrhoids. It is a hot oil and must be diluted topically and only ingested in a capsule.

Retail: \$42 Wholesale: \$31.75



## Tea Tree (Melaleuca)

Promotes healthy immune function when used internally. Anti fungal & Anti-bacterial. Cleansing & rejuvenating for the skin (pimples, bites, ingrown toenails). Helps with energetic boundaries.

Retail: \$33 Wholesale: \$24.50





## On Guard

Supports healthy immune & respiratory function. Supports body's natural antioxidant defences. Promotes healthy heart circulation. Protects against environmental threats, good for mould. Energising and uplifting. Add to cleaning products. Great anti-bacterial for travel.

Retail: \$54 Wholesale: \$40.75



## Easy Air

Opens the airways & soothes the respiratory system. Great for sleep as by opening the airways you get good quality oxygenated sleep and wake feeling energised. Quiets coughs and snoring. Calms asthma. Diffuse for a good preventative to colds & flu's. Use like Vicks.

Retail: \$36.00 Wholesale: \$27.00



## Digestzen

Great tummy tamer. It can soothe reflux, indigestion, bloating, constipation and stomach bugs. Helps you digest stress. Soothes feelings of overwhelm. It's also wonderful for clearing the sinuses.

Retail: \$57 Wholesale: \$43



## Ice Blue Oil + Ice Blue Rub

Soothing and cooling oil. Helps arthritis, aching joints and muscles. Good for gastro, rub on belly & kidneys. Relieves menstrual cramping. Apply before and after exercise. Iceblue + Aromatouch with coconut oil is good for aching joints and sore muscles.

Oil Retail: \$57 Wholesale: \$42

Rub Retail: \$47 Wholesale: \$38



## Lavender Peace

The restful blend. This perfectly balanced blend includes essential oils renowned for their soothing and calming properties. Cedarwood, Ho Wood, and Vetiver essential oils give doTERRA Lavender Peace a grounding and soothing aroma for a relaxing environment.

Retail: \$54 Wholesale: \$41.75



## Citrus Bliss

This invigorating blend is uplifting and brings motivation and drive when it's lacking. It inspires creativity, play and confidence.

Retail: \$27.33 Wholesale: \$20.50

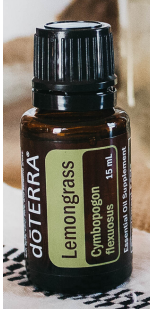




## Aromatouch

This is dōTERRA's massage blend, it assists the body in calming , relaxing and releasing physical and emotional tension. It is great for calming overactive children and helps you strengthen the feeling of being grounded and connected.

Retail: \$42.33 Wholesale: \$31.75



## Lemongrass

This is a powerfully cleansing oil that dispels feelings of despondency, despair and lethargy. It helps you let go of old limiting beliefs. It's also wonderful for cleansing the home environment and it's a great addition to your cooking.

Retail: \$17.33 Wholesale: \$13



## Purify

This oil assists you in releasing toxic emotions and entering a cleansing state. It revitalized your energy system providing freedom from past habits and patterns.

Retail: \$36 Wholesale: \$27



## Smart & Sassy

This is dōTERRA's metabolic blend for inner beauty. In addition to supporting the physical aspects of weight loss this blend also helps to address the emotional patterns which underlie and contribute to ones weight.

Retail: \$40.67 Wholesale: \$30.50



## Clarycalm

ClaryCalm is a proprietary blend of essential oils especially designed for women. This is a wonderful way to support your cycle. This oil encourages warmth in relationships and helps women accept their maternal instincts and nurturing qualities.

Retail: \$41 Wholesale: \$30.75



## PastTense

PastTense is a distinctive blend of essential oils known for its grounding and balancing qualities on emotions.

Retail: \$31.33 Wholesale: \$23.50







## Easy Air Vapour stick

Enjoy the convenience, quick absorption, and smooth application of doTERRA Easy Air Vapour Stick. The natural formula of this vapour stick glides on the skin with ease, without leaving a greasy or sticky after-feel.

Retail: \$18 Wholesale: \$13.50



## Fractionated Coconut Oil

Fractionated Coconut Oil is an absorbent and light carrier oil that will help to increase essential oil distribution while leaving skin feeling smooth and soft.

Retail: \$22 Wholesale: \$16.50



## Correct X

A multi-purpose, natural ointment that helps soothe skin and enhance the natural process of skin returning to a healthy state after being distressed.

Retail: \$23.99 Wholesale: \$18



## On Guard Hand Wash, Tooth Paste & Beadlets

The Hand Wash is a gentle, healthy alternative to harsh soaps that may dry and irritate sensitive skin. The toothpaste is a natural and fluoride-free solution to help clean teeth, reduce plaque, and whiten teeth with gentle polishing agents. The beadlets are a convenient way to obtain the immune-boosting benefits of On Guard, they're perfect for traveling and on-the-go.

Hand Wash Retail: \$42.67 Wholesale: \$32 Toothpaste Retail: \$13.67 Wholesale: \$10.25  
Beadlets Retail: \$28.68 Wholesale: \$21.50



## Wooden Storage Box

This beautiful wooden box is a great way to store your oils.

Retail: \$27 Wholesale: \$20



## Petal Diffuser

The doTERRA Petal Diffuser is a small, user-friendly diffuser that delivers aromatic benefits to your family and home. It has a relaxing mist and soft white ambient light, and can cover up to 30m2. The Petal Diffuser has three time settings, 2 or 6 hour continuous cycle or 12 hr intermittent cycle.

Retail: \$77

Wholesale: \$58

**This kit is valued at \$1115 retail and \$856 Wholesale. As an enrolment kit is costs \$635 including the \$35 membership, saving you \$480 off retail and \$221 off wholesale prices.**



*Your gift from me when you join  
Wild Orange (5ml)*

Sunshine in a bottle, it's uplifting to the mind & body. Supports healthy immune function. It's cleansing and a great addition to cleaning products.





# GREAT WAYS TO USE YOUR NATURE'S SOLUTION KIT

Lavender + Frankincense = Soothes skin

Lavender + Frank + Lemon = combats seasonal threats

Wild Orange, Lemon, Lavender + Frank = anxiety

Frank + Tea Tree = cuts

Frank + Citrus Bliss = for mental fatigue

On Guard + Tea Tree + Purify = setting boundaries

Lemon, Peppermint + Wild Orange = Instant Energy

Lavender Peace + Aromatouch = Relaxing environment

Citrus Bliss + Lemongrass = Uplifting energy boost

Tea Tree + Oregano = Toe Fungus

Lavender + Frank + Peppermint = Headaches



## CLEANING PRODUCTS:

Add 15 drops Lemon 15 drops OnGuard ½ cup water and ½ cup vinegar to a spray bottle of water to clean surfaces.

Lemon oil is great furniture polish; simply add a few drops to olive oil. Use a cloth soaked in Lemon oil to preserve and protect leather.

## COLD + FLU PREVENTION

FLO = Frank, Lemon, On Guard

FLOT = Frank, Lemon, On Guard, Tea Tree

*Place 1 drop of each in a teaspoon of honey.*

FLOOT = Frank, Lemon, On Guard, Oregano, Tea Tree

*Place in a capsule (oregano can't be ingested unless in a capsule)*

Lemon, On Guard, Peppermint + Frank = Cough Syrup

*1 drop of each in a teaspoon of honey*



## Babies + Children

Lavender + Tea Tree = Nits

Lavender + FCO (carrier oil) = nappy rash

Lavender, Frank, On Guard + FCO = Healthy  
Immunity massage rub at night time

